



Dear Client:

Welcome to my practice. It is an honor that you have selected me to assist you in your journey toward your current goals. I would like to share some information with you about how I work with clients. It is my hope that our work together will be a true collaboration as you have wisdom that will guide us in our work together. I encourage you to trust your inner voice and to share any reactions, concerns or insights with me during our work together so that we can utilize this to guide our work. Successful therapy is built on honesty in our relationship with each other and ultimately our relationship will be a crucial tool to help realize your goals.

Please do not hesitate to ask any questions you may have about my work with you. Questions, concerns and feedback are always welcome in our future sessions. In this intake packet you will find information regarding my training, credentials and experience, as well as information about your rights as a client, my professional services and practice policies. If you have any questions about the information provided in this paperwork or any aspect of my services, I will be glad to answer your questions, so you can make an informed decision about treatment, assessment or consultation. I look forward to working with you.

Sincerely,

Dianna Ducote-Sabey, PhD

Licensed Psychologist